A Quality Network for New York

EmblemHealth Individual and Family Plans

The EmblemHealth **Millennium** and **Select Care**Networks give members a choice of top providers and hospitals across the New York City metro area, Long Island, Westchester, Rockland, Putnam, and counties north.

The Millennium Network includes:

32,000+ health care professionals

4,300+ primary care providers (PCPs)

28,000+ specialists

70+ hospitals

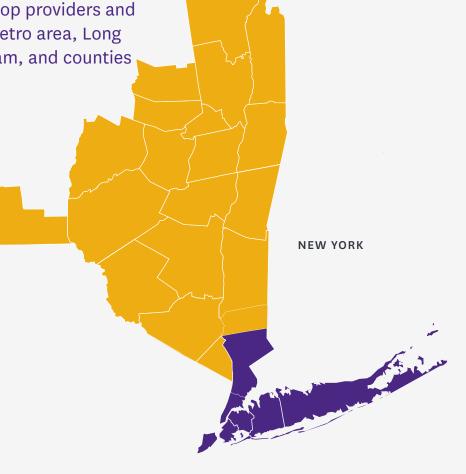
The Select Care Network includes:

49,000+ health care professionals

7,600+ primary care providers (PCPs)

42,000+ specialists

100+ hospitals





To find in-network doctors, go to emblemhealth.com and use the "Find a Doctor" tool for individual and family plans. Not sure which network you have? Check your ID card. Your plan name includes the network name.

This information as of November 2023.



The counts listed for the Millenium and Select Care networks are unique health care providers and locations. Hospitals and providers who have multiple locations are counted once. Some providers may be double boarded and counted twice. Please use Find a Doctor on emblemhealth.com for a full list of providers and locations available through EmblemHealth and First Health Network.